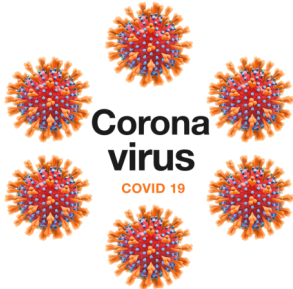




## **Easy to Read Guide Covid 19/Coronavirus**



Covid 19/Coronavirus is a new virus.

It can affect your lungs and airways.

There are currently several cases in Ireland.

## **What are the Symptoms of Covid 19/Coronavirus?**



- A cough
- Shortness of Breath
- Fever



If you have these symptoms you may want to phone your G.P.

## **How is the Virus spread?**



- Close contact with someone who has the virus and is coughing and sneezing.
- Touching surfaces that someone who has the virus has coughed and sneezed on.



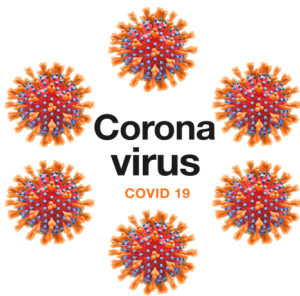
## **How can I protect myself from Covid 19/Coronavirus?**



- Wash hands properly and often
- Use an Anti-Bacterial Gel



- Cough into your elbow
- Sneeze into your elbow



If you have been in contact with someone who has the Virus, or showing symptoms, do not attend your G.P's office/hospital but phone them immediately.



The HSE and the World Health Organisation have updates on their website.